

Materials

- three herbs and spices
For example: basil, chives, cilantro, cinnamon (stick), cloves, dill, ginger, mint, nutmeg, oregano, parsley, rosemary, sage, thyme, or vanilla (use liquid or fresh versions, not powders that can be inhaled by children)
- Like/Dislike Cutouts page
- permanent marker
- glue stick
- chart paper or tag board

For each child:

- three 1¼-oz. cups

Preparation

1. Make one copy of the *Like/Dislike Cutout* page. Cut out each picture.
2. Create a chart as in **Figure 1**. Glue the two pictures to the top of the chart paper.
3. Place a few bits of each selected herb or spice in a set of three cups for each child.

Children vote on how they feel about different scents.

Procedure

1. Say: **Today you are going to smell some scents and vote on how you feel about them.**
2. Remind children that we use our noses to smell, but bees use their antennas to smell.
3. Give the children one smelling scent cup at a time. Invite them to smell the cup and vote on how they feel about the scent. Tally their votes. Continue with all three scents until everyone has voted.



Thumbs up.
I like this scent.



Thumbs down.
I don't like this scent.

4. Discuss results. Ask: **Which scent do we like the most?** Count the votes with the children. Write the number in each box.



Herb Scent		
Scent#1: Vanilla	III 3	I 1
Scent#2: Ginger		
Scent#3: Mint		

Figure 1